

CAPRICORN

Lower keynote - "Let ambition rule and the door stand wide". The door of ambition will stand wide for a Capricorn and he will be tempted to run after his ambitions to the point where it can rule his life. At the time of the full moon, these tendencies are magnified and we must all respond through our higher centres and prepare ourselves before the full moon period.

Higher keynote – "Lost am I in light supernal, yet on that light I turn my back." The disciple, or initiate is in the light, but he turns his back to the source of light and radiates that light to the multitudes. He is not lost, or attached to the ecstasy, he is able to assimilate the light and radiate it to the needy. At the time of the full moon, this Light is called "the light of initiation." When a man prepares himself, especially in the month of his sun sign, year after year, he will gradually use the higher keynote of his sign and proceed to the goal of that sign, which is initiation.

FULL MOON MEDITATION WHEN SUN IS IN CAPRICORN

Sound 3 OM's.

Visualise a pine forest in which you imagine yourself walking toward the summit of a mountain. As you walk, try to hear magnificent music emerging from the trees, bushes, flowers and birds. Walk on. As you come closer to the summit, visualise Christ sitting under a huge pine tree in deep meditation trying to contact the soul of humanity. See other pilgrims approaching the summit and forming a circle around the Christ. Visualise him in a pure white garment, in deep meditation, and for a few moments watch his face.

Close your eyes and say The Great Invocation

THE GREAT INVOCATION

From the point of Light within the Mind of God
Let light stream forth into the minds of men.
Let light descend on Earth.

From the point of Love within the Heart of God
Let love stream forth into the hearts of men.
May Christ return to Earth.

From the centre where the Will of God is known
Let purpose guide the little wills of men-
The purpose which the Masters know and serve.

From the centre which we call the race of men
Let the Plan of Love and Light work out
And may it seal the door where evil dwells.

Let Light and Love and Power restore the Plan on Earth.

Sound 3 OM's

Meditate on HIS words for 10 minutes; "If you love each other, the world will know that you are my disciples." Then ask yourself the following question: "What can I do to help humanity?" Try to give 3 answers to your question which are practical, logical and up to date. This should take about 5 minutes.

Say the Mantra of Unification

Mantra of Unification

The sons of men are one and I am one with them.
I seek to love, not hate.
I seek to serve and not exact due service.
I seek to heal not hurt.

Let pain bring due reward of light and love.
Let the soul control the outer form and life and all events,
And bring to light the love
Which underlies the happenings of the time.

Let vision come and insight;
Let the future stand revealed.
Let inner union demonstrate and outer cleavages be gone.
Let love prevail.
Let all men love.

In your visualisation go toward Christ, let him put his hands upon your head. Feel a healing energy penetrating into your body. Feel the energy of peace descending into your heart. Feel an enlightening energy penetrating into your mind. See yourself slowly transfigured, purified and in a glorified state. See rays of blessings radiating out from your soul toward humanity.

Make a solemn promise to Him to stand in the light of purity.

Say THE GREAT INVOCATION again

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Descend from the mountain. Come back to wherever you are sitting, feel your body and say 3 OM's.
Sit in silence and stillness for 10 minutes before continuing with your day.